

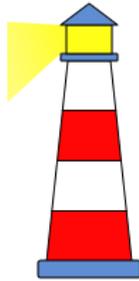
## The Pinehaven Christmas Concert

The Silverpine Guide Club will run the Pinehaven Christmas Concert this year, with the Lighthouse Church providing light supper.



Join us at the PPA Hall on Saturday 3rd

December 5:00-6:00pm. The girls are looking forward to taking to the stage and we hope to see you there!



## Maintaining Well-being in the Community During Difficult Times

From the Victoria University Counselling Service

Everyone reacts differently to events like the recent earthquakes and floods. To some degree we will all feel a bit shaky for a few days. Some people will react strongly, with high levels of fear, agitation, sleep disturbance, worry and sometimes an overwhelming desire to flee. These are all normal reactions.

## Some Helpful Guidelines

As far as possible maintain normal routines and activities: go to work, school, recreation activities etc. even if you feel a bit fearful.

Review your emergency plans, at home and at work. Be prepared for a further event, but avoid being obsessive! Talk to family, friends, colleagues and neighbours about how you are feeling. This will help maintain a balanced perspective and help you recover faster.

Take time out every day to sleep, exercise, socialise, meditate/relax, especially while you remain anxious. This really helps!

Minimise/avoid using alcohol and drugs: while a short-term relief, these impede recovery.

Be gentle on yourself. Fear is absolutely normal in this kind of situation.

Check on others: family, colleagues, neighbours. Simply expressing concern can make a huge difference.

Don't make big decisions on impulse. Keep a day at a time focus and avoid dwelling excessively on future fears.

## Community Contacts

### After School Care

Sandra Kenny 021 105 1914  
[pinehavenposca@gmail.com](mailto:pinehavenposca@gmail.com)

### Brownies & Girl Guides

Tania Lock 938 6072

### Community Garden

Max Christensen 970 7630

### Hall Hire

Rita Bota 939 0442  
[hall.master@ppa.org.nz](mailto:hall.master@ppa.org.nz)

### Keas, Cubs & Scouts

Heather Cooling 021 0527 383  
[glsilverpinescouts@gmail.com](mailto:glsilverpinescouts@gmail.com)

### Lighthouse Church & Drop In

Rita Bota 939 0442

### Pinehaven Playcentre

Kate Beaumont 563 5140

### Pinehaven Library

528 2208

### Pinehaven School

Kaylene Macnee 528 4365

### Silverstream Petanque Club

Claire 972 4406

### Justice of the Peace

Pat Christianson 528 2710

### Yoga

Maria Christensen 970 7630  
Roz Brown 526 7573  
Magrita Freie 5297398



[www.ppa.org.nz](http://www.ppa.org.nz)

# Pinehaven News

Pinehaven Progressive Association

[www.ppa.org.nz](http://www.ppa.org.nz)

President: Dave Brown 973 9947

Secretary: Max Christensen 970 7630

November 2016

Questions? Comments? Articles? Email: [newsletter@ppa.org.nz](mailto:newsletter@ppa.org.nz)

Newsletter Editor: Carol Dixon



2017 CAMP  
PINEHAVEN SCHOOL  
FUNDRAISER

# Epic Boardgames

## An evening of wonder, mystery, monsters and adventure, chaos and fun!

As part of fundraising for the 2017 Pinehaven School Camp, the World Domination Collective (Pinehaven's local boardgame club) will host an evening of fun and games for the whole family. Games suitable for all ages, not just big kids!

The fate of the universe, or at least the Pinehaven School Camp, is in your hands.

If boardgames sound more like bored-games, or all you can think of are endurance-fests such as Monopoly, you'll be in for a pleasant surprise.

Want to save the world from a zombie invasion? We've got you covered! Feel like taking on the form of a giant monster and devouring a city or two? No problem!

From re-enacting famous WW1 skirmishes, to family friendly card games for younger audiences, to games that rely on bitter betrayals and deception to succeed: there'll be something for everyone. Games suitable for all ages, not just big kids!

Join us at the Pinehaven School Hall on Friday 25 November from 7:30pm.

Tickets are just \$15 per person / \$30 family and include a complimentary drink (wine/beer/juice), supper and raffle ticket (raffle also for sale on the night). Tickets available at the door - or from [PSCampFundraiser@gmail.com](mailto:PSCampFundraiser@gmail.com) See you there!

Visit the Pinehaven School Camp Fundraising page on Facebook for more cool events.



# The Silverpine Guide Club

Karla Billington

Such a time we've had lately! At the end of October we had a sleepover at Wellington Zoo. The girls loved this awesome opportunity:



"I liked seeing the tarantulas, scorpions and scheltopusik." (Eleanor, 10yrs)  
"The Red pandas are my favourite animals because they're so cute and cuddly and majestic." (Aryanna, 8yrs)  
"I liked hanging out with my friends. It was a great experience." (Hazel, 8yrs)  
"I liked sleeping in the same room as the blue lounged lizard." (Kate, 10yrs)  
"I like the cheetahs and giraffes." (Faith, 7)  
"Seeing the animals at different times when other people can't see them." (Daisy, 8)  
"I enjoyed spending time with my friends [and] seeing different parts of the Zoo. I've never seen a squirrel monkey before. Now they're one of my favourite animals. I liked it

when they lift their eyebrows." (Scarlett 7yrs)



Last term we hosted a Variety Show, a hugely successful display of creativity and talent. Our current focus is on a global programme *Free To Be Me*, where girls explore ideas about beauty and are encouraged and empowered to develop body confidence and self-esteem.

The PPA is a voluntary organisation promoting Pinehaven interests. Donations to aid our work can be made via cheque at the Pinehaven Library or online banking to account 03-0774-0857067-00. All contributions gratefully accepted.

# Pinehaven School Report

Kaylene Macnee, Principal

## Family Fun Day

Our Family Fun Day was a huge success and we are still calculating the final profit, but we know it will be very pleasing! We are very grateful for all the community help and we would like to thank all who attended. We hope you had as much fun as we did. We will be doing it all again in 2018.



## Our School

We have been having some great conversations with our school community about what is important to learn at primary school. The school is thriving and presently at capacity with a roll of 270 students. With Year 6 leaving, our roll will drop to start the year and then grow again. If you have a child starting school with us next year, please get in touch as soon as

possible so we can plan for the incoming numbers.

## Farewells

35 Year 6 students will head off to intermediate at the end of the year, 16 of whom are the youngest in their families. We acknowledge and appreciate the work these departing families have done for our school over time and will continue to keep in touch.

Mrs Gilchrist is moving north with her family. Pip has taught many of our children and we wish her all the best in her next adventure.

## Happy Holidays!

We wish you all a happy and safe festive season ahead.

